

54 Activities for Children

Creative	Intellectual	Physical
Watercolour painting on paper	Sorting items by shape	Paint brushes and buckets of water outside
Acrylic painting on canvas	Sorting items by colour	Running games
Playdough	Play "store" with fake money	Crawling through the tunnel
Gluing tissue paper on a large paper	Reading	Playground
Sewing	Building with blocks	Biking
Sculpting with clay	Playing with magnets	Go for a nature walk
Drawing with pastels	Nature table with related books	Hopscotch
Making collages	Baking	Parachute games
Colouring	Listening to an audio book	Ball games
Cutting paper	Matching games	Yoga
Washi tape art (adding tape to paper)	Matching letters to spell words on flashcards	Marching band
Tape paper under the table and draw	Building puzzles	Aerobic exercise
Make necklaces (lacing beads, straws, etc.)	Exploring magnets	Dance party
Finger painting	Using a magnifying glass to look at objects	Hot lava
Shaving cream painting	Sinking and floating objects in water	Beanbag toss
Weaving (with paper)	Different measuring cups, sieves, funnels and sand	Relays with ping pong balls on spoons
Make musical instruments (rattles, drums, etc.)	Weights and a balance/scale	Tumbling activities
Collaborative art (work together on a picture)	Scavenger hunt with clues	Balance "beam" (walk a line)