I'm the **best** mom for my children.

I'm the **calm** in the **chaos**.

This too will pass.

Love. Love. And **love** some more.

I **love** being a mom.

I will fully **embrace** today.

I will do
what I can.
No one expects
me to do it all.

It's **okay** to take care of me.

Good moms have bad days too.

It's **okay** to ask for help.

I might not see it now, but the time I'm investing does matter.

My *children* don't want *perfect*, they want me.

I will *treasure* my children as the unique individuals they are.

I am *building* a legacy of love.

Our *home* is a safe and peaceful haven.